



Charlevoix Area Community POOL

October

Oct 3 - 15, 2021
See new schedule for Oct 16

GROUPS LESSONS - NEXT SESSION STARTING OCTOBER 19TH

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 to 7:00	CLOSED SUNDAYS	Lap Swim 6AM to 8AM	Lap Swim 6AM to 8AM	Lap Swim 6AM to 8AM	Lap Swim 6AM to 8AM	Lap Swim 6AM to 8AM	
7:00 to 8:00		Lap Swim 6AM to 8AM	Lap Swim 6AM to 8AM	Lap Swim 6AM to 8AM	Lap Swim 6AM to 8AM	Lap Swim 6AM to 8AM	
8:00 to 9:00		Aqua Exercise 8 AM to 9:30AM	Aqua Exercise 8 AM to 9:30AM	Aqua Exercise 8 AM to 9:30AM	Aqua Exercise 8 AM to 9:30AM	Aqua Exercise 8 AM to 9:30AM	
9:00 to 9:30		Aqua Exercise 8 AM to 9:30AM	Aqua Exercise 8 AM to 9:30AM	Aqua Exercise 8 AM to 9:30AM	Aqua Exercise 8 AM to 9:30AM	Aqua Exercise 8 AM to 9:30AM	
9:30 to 10:30		Moderate Aqua	Open Swim 9:30AM to 11AM	Moderate Aqua	MHC & IAF 9:30AM to 12PM	Moderate Aqua	
10:30 to 11:00		Twinges	MHC & IAF 11AM to 1PM	Twinges	Lap Swim & Private Lessons 11:30AM to 1PM	Twinges	
11:00 to 11:30		Lap Swim & Private Lessons 11:30AM to 1PM		Lap Swim & Private Lessons 11:30AM to 1PM		Lap Swim & Private Lessons 11:30AM to 1PM	
11:30 to 12:00		Lap Swim & Private Lessons 11:30AM to 1PM	Lap Swim & Private Lessons 11:30AM to 1PM	Lap Swim & Private Lessons 11:30AM to 1PM	Lap Swim & Private Lessons 11:30AM to 1PM	Lap Swim & Private Lessons 11:30AM to 1PM	
12:00 to 1:00		MHC & IAF 1PM to 3PM	Lap Swim & Private Lessons 1PM to 3PM	MHC & IAF 1PM to 3PM	Lap Swim & Private Lessons 12PM to 2:30PM	MHC & IAF 1PM to 3PM	
1:00 to 2:00		MHC & IAF 1PM to 3PM	Lap Swim & Private Lessons 1PM to 3PM	MHC & IAF 1PM to 3PM	Open Swim 2:30PM to 4PM	Lap Swim & Private Lessons	
2:00 to 2:30		Open Swim 3PM to 4:30PM	Swimmers with Disabilities	Lap Swim & Private Lessons		Lap Swim & Private Lessons	
2:30 to 3:00		Open Swim 3PM to 4:30PM	Swimmers with Disabilities	Lap Swim & Private Lessons	Annual Meeting Public Welcome	Lap Swim & Private Lessons	
3:00 to 4:00		Open Swim 3PM to 4:30PM	Swimmers with Disabilities	Lap Swim & Private Lessons	October 14TH 4PM	Lap Swim & Private Lessons	
4:00 to 4:30		Open Swim 3PM to 4:30PM	*	Lap Swim & Private Lessons		Lap Swim & Private Lessons	
4:30 to 5:00	Open Swim 3PM to 4:30PM	*	Lap Swim & Private Lessons	Lap Swim & Private Lessons	Lap Swim & Private Lessons		
5:00 to 5:30	Open Swim 3PM to 4:30PM	*	Lap Swim & Private Lessons	Lap Swim & Private Lessons	Lap Swim & Private Lessons		
5:30 to 6:00	Open Swim 3PM to 4:30PM	*	Lap Swim & Private Lessons	Lap Swim & Private Lessons	Lap Swim & Private Lessons		
6:00 to 6:30	Open Swim 3PM to 4:30PM	*	Lap Swim & Private Lessons	Lap Swim & Private Lessons	Lap Swim & Private Lessons		
6:30 to 7:30	Open Swim 3PM to 4:30PM	*	Lap Swim & Private Lessons	Aqua Exercise	Lap Swim & Private Lessons		

*** THE NEXT SESSION OF GROUP LESSONS WILL START ON OCTOBER 19th
- SEE WEBSITE OR CALL TO SIGN UP -**

Schedule is subject to change

Activity Descriptions:

- Aqua Exercise** - Water fitness class with instruction.
- IAF** - "Independent Adult Fitness" - General swimming & pool exercise intended for adults and seniors. Pool is shared with Munson Healthcare Charlevoix. No lap swimming.
- Lap Swim** - Lane lines in and lap swimmers are expected to share their lane. Circle swimming is used if lanes exceed two swimmers. When private lessons are scheduled at the same time, one lane will be reserved for them.
- Moderate Aqua** - Less intense water fitness class with instruction.
- Open Swim** - Pool available for all ages' general use and play; no lap swimming.
- Rentals Available** - Check out the website or call for costs and details!
- Stingrays** - Lap swim time available for Stingray Swim Team kids. We are looking to hire a coach, call for more information!
- For these two weeks, they are sharing the pool with other lap swimmers.**
- Swim School / Lessons** - Learn to swim programs for all ages. Check online or call for information and to sign up. New Session starts October 19th.
- Swimmers with Disabilities** - physical fitness and exercise for children and adults with intellectual disabilities: no instruction. \$3/person

Participation Policy:

- Children ages 5 & under must be within arms reach of an adult in the water
- Children ages 6-11 must be at least 48" tall AND pass the swim test OR wear a Coast Guard approved life vest to be admitted in the water without an adult
- If a child is unable to touch the bottom of the shallow end while standing and cannot pass the swim test, they must wear a Coast Guard approved life vest in the Pool at all times
- Only children who have passed the swim test will be admitted in the deep end
- All children ages 15 & under may be asked to take and repeat a swim test each visit

Drop in Pricing:

- "Residents" are property owners in the City of Charlevoix, Hayes Township & Charlevoix Township. "Non-District" are all others.
- Residents:** Adult \$4.50, Senior (62+) & Military \$3.50, Student \$2.50.
- All Aqua Classes (with Instruction) \$7
- Non-District:** Adult \$5, Senior (62+) & Military \$4, Student \$2.50.
- All Aqua Classes (with Instruction) \$8
- Pre-paid punch cards can discount rates! Ask for details.**

**For more information, please call (231)547-0982
Check out our website www.charlevoixpool.org**